



10/10 Medical
Staffing & Innovating Healthcare

CARBON EMISSION POLICY (CRP)

OVERVIEW

Indigo 1919 has been created to wholly own 3 subsidiary companies as follows.

- A) 10/10 Medical that will focus on the insourcing and outsourcing activities with the clients being the acute hospital trust.
- B) MEDICINE INDEPENDANTE LTD (Mi) to focus on the private medical needs of patients including GP services.
- C) INNOVATIVE INTERVENTION GLOBAL LTD (iig) to focus on development and introduction of innovative, cost-effective products to health organisations.

This will enable the businesses to be service focused in different product and service fields, with centralised service support such as finance, IT and HR thereby minimising waste and inefficiencies.

1. Commitment to Net Zero

10/10 Medical is committed to supporting the NHS's ambition to achieve Net Zero Carbon emissions by 2040 for direct emissions and 2045 for indirect emissions. We recognise our responsibility as an NHS insourcing partner to minimise environmental impact while delivering high-quality clinical services.

This Carbon Reduction Plan outlines the actions we are taking to reduce emissions across our operations and supply chain, in line with PPN 06/21, NHS England guidance, and the Greener NHS Programme.

2. Baseline Emissions

A baseline assessment has been undertaken to understand emissions associated with:

- Scope 1: Direct emissions (company vehicles, fuel use)
- Scope 2: Purchased electricity
- Scope 3: Staff travel, commuting, procurement, waste, and outsourced services

Baseline Year: [2026/2027]

Measurement Approach: UK Government GHG Conversion Factors

3. Carbon Reduction Targets

- Year-on-year reduction target: Minimum 5–10% reduction in operational emissions
- Medium-term target: 30–40% reduction by 2030
- Long-term target: Net Zero alignment with NHS timelines

Targets are reviewed annually and adjusted to ensure continuous improvement.

4. Carbon Reduction Initiatives

4.1 Workforce Deployment & Travel

As an insourcing provider, workforce deployment is a key emissions source.

Actions:

- Prioritising local clinician deployment to reduce travel distances
- Encouraging use of public transport where feasible
- Supporting remote pre-assessment, induction, and training
- Promoting car-sharing and low-emission vehicles

Impact: High

Measurement: Travel mileage and transport mode reporting

4.2 Digital & Remote Working

Actions:

- Digital rostering and workforce management systems
- Paperless onboarding, HR, and compliance processes
- Virtual meetings as default where clinically appropriate

Impact: Medium–High

Measurement: Reduction in paper use and travel

4.3 Energy & Office Operations

Actions:

- Use of energy-efficient IT equipment
- LED lighting and energy-saving settings
- Preference for renewable electricity tariffs in office locations
- Reduced office footprint through hybrid working

Impact: Medium

Measurement: Energy consumption (kWh)

4.4 Procurement & Supply Chain

Actions:

- Preference for suppliers with environmental policies
- Reduced use of single-use plastics
- Sustainable procurement of uniforms, IT equipment, and consumables
- Alignment with NHS sustainable procurement principles

Impact: Medium

Measurement: Supplier compliance and procurement audits

4.5 Waste Reduction

Actions:

- Digital documentation to reduce paper waste
- Recycling and responsible disposal of IT equipment
- Reduced packaging and use of reusable materials

Impact: Medium

Measurement: Waste volumes and recycling rates

5. Offsetting (Residual Emissions)

Carbon offsetting is used only where emissions cannot reasonably be eliminated. Any offsetting is:

- Independently verified
- UK-based where possible
- Focused on nature-based or community projects

6. Governance & Accountability

- Senior management responsibility for carbon reduction
- Annual review of emissions data and reduction actions
- Staff awareness and engagement on sustainable working practices
- Continuous alignment with NHS and Government sustainability guidance

7. Monitoring & Reporting

Progress against this Carbon Reduction Plan is reviewed annually and updated as part of our ongoing commitment to environmental responsibility and NHS partnership working.

Declaration

This Carbon Reduction Plan has been completed in accordance with PPN 06/21 and the reporting requirements for NHS frameworks.

Signed:

Kamal Shah

Name: M.K.M.SHAH

Role: Managing Director

Date: February 2026